

For those who have not attended an NRO event, below is an overview:

What is the NRO? It is The Northeastern Regional Organization (NRO) which is a loose collection of grottos (cave clubs) and affiliated groups of the National Speleological Society (NSS), in the geographical area of the northeast United States and Eastern Canada. It does not have individual memberships.

What is an NRO event? It is a regional meeting of the NRO, held twice a year usually in May and September, commonly referred to as the “Spring NRO” and the “Fall NRO”. Each event is hosted by a NRO grotto or affiliate. This is a Friday evening thru Sunday afternoon event that is open to cavers, their families, and friends interested in caving. You do not need to be a member of a regional group to attend.

What can I do at an NRO? A typical NRO offers cave trips, vendors (of cave gear and gifts), Northeastern Cave Conservancy auction (for local caves), NRO business meeting (elections are at Spring NRO), and usually a presentation after dinner on Saturday night. While many go caving, the location of an NRO is often in an area with opportunities for hiking, bicycling, kayaking, and sightseeing.

What should I bring? Camping gear and caving gear. Camping gear can be simple, since you can usually park your car near your tent. There are usually meals sold (see the specific NRO write-up for details). Ideally, bring everything and anything you might need, especially clothes and footwear for almost any weather. Read details of campground amenities. A headlamp for use only around the campground is suggested, and bring your own folding chair for presentations, meals, and programs.