Youth Group Caving

Equipment Check List
Prepared by the National Speleological Society Youth Groups Liaison Committee
with thanks to the Dallas-Ft. Worth Grotto
and to the Girl Scouts of the Virginia Skyline Council Adventurers Program

This list suggests basic caving gear for a novice trip lasting not more than four hours. The trip leader will advise trip members which items are required. The safety of every caver is the primary consideration. Those arriving without the required items will not be allowed to go caving.

Basic Caving Gear For Individuals
- Helmet
- Helmet-mounted light
- Boots
- Socks
- Thermal undergarments
- Long pants
- Shirt
- Light jacket or sweatshirt
- Gloves
- Knee and elbow pads
- Pack
- Backup lights
- Batteries
- Spare bulbs
- Drinking water
- Large, plastic garbage bag
- Pee bottle
- Food
- Whistle
- Duct tape

Other Items to Bring
- Medications
- Complete change of clothing and shoes
- A second large, plastic garbage bag for dirty clothing
- Parental consent form and/or waivers, health form, trip permits

Optional Equipment
- Space blanket
- Hand warmer pouches
- Disposable flash camera
- Magnifying glass
- After-trip snack
- Money for incidentals

Group Equipment Check List
- First aid kit for in-cave use
- Cave map and compass
- Pencil and small note pad for each adult
- Out-of-cave emergency cache
- Space blanket

Disclaimer
Liability of authors and publisher
The authors and publisher of this document make no representation and offer no warranty about the quality, safety, contents, performance, merchantability, non-infringement, or suitability of the material in this brochure. Neither authors nor the publisher are liable for direct, indirect, punitive, special, incidental, or consequential damages, however they may arise, even when the authors or the publisher have been advised of the possibility of such damages.

Liability and assessment of responsibility
All who read this must assess the quality and applicability of this information. No liability will be accepted for the use or misuse of this information or for consequences that result from its use or misuse.